

DOT JOURNALING: A PRACTICAL GUIDE: HOW TO START AND KEEP THE PLANNER, TO-DO LIST, AND DIARY THAT ACTUALLY HELP YOU GET YOUR LIFE TOGETHER by Rachel Wilkerson Miller book PDF Download

Dot Journaling: A Practical Guide: How to Start and Keep the Planner, To-Do List, and Diary That Actually Help You Get Your Life Together Organize your life, record what matters, and get stuff done! What the heck is a dot journal? It's a planner, to-do list, and diary for every aspect of your life: work, home, relationships, hobbies, everything. Early adopter Rachel Wilkerson Miller explains how to make a dot journal work for you whether you find the picture-perfect examples on Pinterest inspiring or, well, intimidating. You decide how simple or elaborate your journal will be, and what goes in there: - Lists of your to-dos, to-don'ts, and more - Symbols that will make those lists efficient and effective - Spreads to plan your day, week, month, or year - Trackers for your habits and goals (think health, money, travel) - Accoutrements such as washi tape, book darts, and more! ...more Dot Journaling: A Practical Guide: How to Start and Keep the Planner, To-Do List, and Diary That Actually Help You Get Your Life Together PDF ebook

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